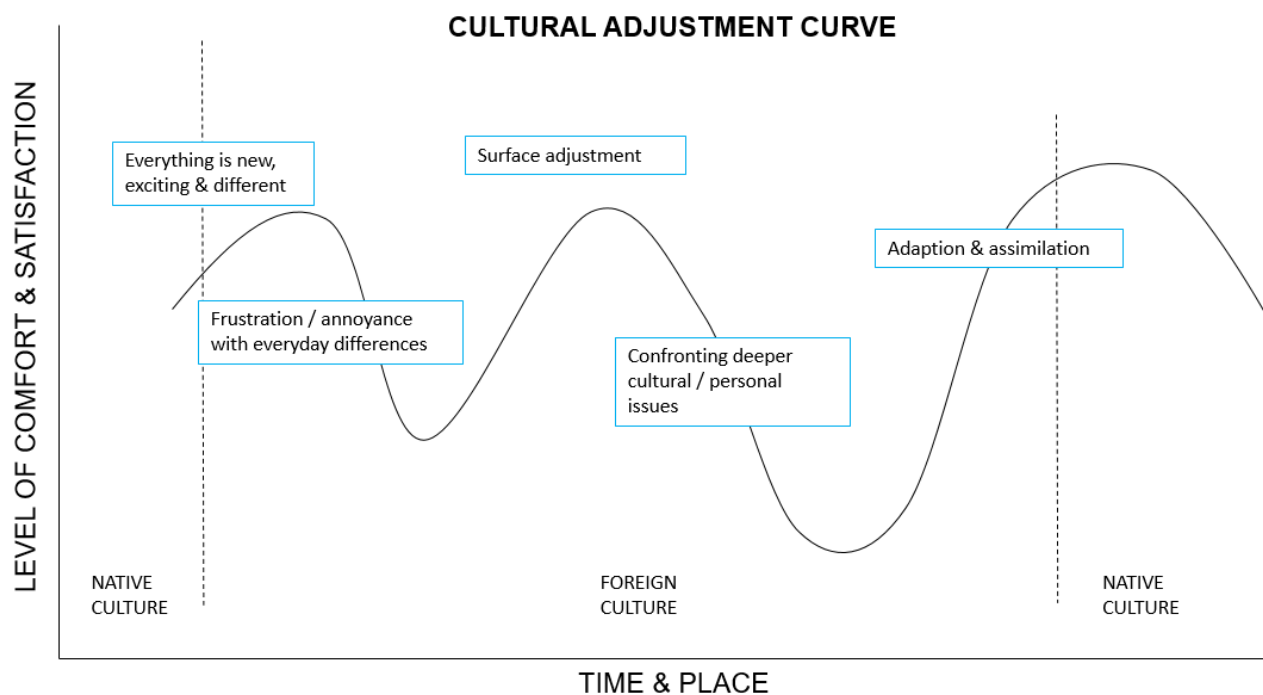


## Wellbeing conversation

Twice a year (before half-year evaluations) a member of the PhD program committee in AGRO will call in students for a “Wellbeing conversation”. The talks are mandatory for the PhD students. The talks are an opportunity for the PhD to discuss subjects such as the progression of the PhD (on an overall level) and how the cooperation with the supervisor and other staff plays out.

An important subject in the talks is also take stock of how the social well-being of the PhD student is, both with regards to being part of the research group at the department and in other respects. The talks are confidential and no minutes are made from the talks. The purpose of the talks is to offer the PhD student an opportunity to address issues which might not be easy to discuss with the supervisor, but which can have a profound impact on the well-being of the PhD student.



*FIGURE: For PhDs from abroad, as one example, adapting to Danish culture at the workplace and elsewhere can be a demanding task. Well-being conversations can serve as one of the ways to address the challenges emerging from this.*